

2025 Spring Grand Rounds

The Center for Professional Education at Sheppard Pratt

Free Virtual & In Person Lecture Series

Each lecture offers 1.0 contact hour (except April 4 & June 4 offering 1.5 contact hours)

January 15, 2025 | 12 – 1 p.m. ET

Dietary Modulation of Glutamate as a Novel Treatment for Mental Illness

Presented by: Kathleen Holton, PhD, MPH; American University

January 29, 2025 | 12 – 1 p.m. ET

Military Cultural Competence

Presented by: Eric G. Meyer, MD; Uniformed Services University; Center for the Study of Traumatic Stress

February 12, 2025 | 12 – 1 p.m. ET

Control the Controllables: The Psychological Process for Success in Sports and Beyond

Presented by: Arman Taghizadeh, MD, DFAACAP; Mindset Training Institute; Johns Hopkins University

February 26, 2025 | 12 – 1 p.m. ET

Group Dynamics and the Psychoanalytic Hospital

Presented by: Madeline E. Amberge, MD; Sheppard Pratt

March 12, 2025 | 12 – 1 p.m. ET

Psychedelics on the Edge: Experiences with Difficult to Treat Depression

Presented by: Scott T. Aaronson, MD; Sheppard Pratt

March 18, 2025 | 12 – 1 p.m. ET

Czarina Santos-Borja, MD Memorial Lecture

[In Person and Live Streamed](#)

Visual Thinking Strategies for Health Professionals

Presented by: Margaret S. Chisolm, MD; Johns Hopkins School of Medicine

Friday, April 4, 2025 | 11:30 a.m. - 1 p.m. ET

Harry Stack Sullivan Award Lecture

[In Person and Live Streamed](#)

Protest Psychosis: Race, Protest, and the Diagnosis of Schizophrenia

Presented by: Jonathan Michael MetzL, MD, PhD; Vanderbilt University

April 23, 2025 | 12 – 1 p.m. ET

The BEST Boston Model for Decriminalizing Mental Illness

Presented by: David C. Henderson, MD; Boston University Chobanian & Avedisian School of Medicine

May 8, 2025 | 12 – 1 p.m. ET

Clarence G. Schulz Award Lecture

SPEAKER TBD

May 14, 2025 | 12 – 1 p.m. ET

The Value of Person-Centered Cultural Assessment in Clinical Practice

Presented by: Roberto Lewis-Fernández, MD; Columbia University; New York State Psychiatric Institute

June 4, 2025 | 11:30 a.m. – 1 p.m. ET

Suicide Prevention and Resilience: Voices of Lived Experience

Presented by: Faith Dickerson, PhD, MPH; Sheppard Pratt

June 18, 2025 | 12 – 1 p.m. ET

Pediatric and Adolescent Catatonia

Presented by: Nadine Schwartz, MD; Nationwide Children's Hospital

Details, including program descriptions, learning objectives, speaker biographies, online disclosures etc., can be found on cme.sheppardpratt.org once the activity is open for registration.

For additional educational offerings, visit cme.sheppardpratt.org

Attendees participating for contact hours must have an ETHOS account to register for events, take pre- and post- tests, and manage continuing education credits and transcript entirely online.

2025 Spring Grand Rounds

The Center for Professional Education at Sheppard Pratt

Free Virtual & In Person Lecture Series

Each lecture offers 1.0 contact hour (except April 4 & June 4 offering 1.5 contact hours)

CONTENT AND OBJECTIVES

Sheppard Pratt provides this update on mental health issues to support continuing education of medical and mental health professionals. A formal needs assessment of the mental health community, current issues in mental health, and hospital staff needs assessment are the indicators for the content of the Grand Rounds. Participants will be able to describe current psychiatric diagnoses, analyze various treatments presented, and apply this knowledge in developing their own strategies for more effective management of patients.

APPROVAL STATEMENTS

Physician Statement: Sheppard Pratt is accredited by The Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. Sheppard Pratt designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse Statement: Sheppard Pratt is approved as a provider of nursing continuing professional development by the Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. This activity provides 1.0 contact hours for nurses.

Psychologist Statement: Sheppard Pratt is authorized by the State Board of Examiners of Psychologists as a sponsor of continuing education. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CE activity. Sheppard Pratt designates this educational activity for a maximum of 1.0 contact hours for Psychologists.

Social Worker Statement: Sheppard Pratt is authorized by the Board of Social Work Examiners of Maryland to offer continuing education for Social Workers. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CE activity. This activity is approved for 1.0 contact hours in Category I credits for Social Workers.

Counselor Statement: Sheppard Pratt has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5098. Programs that do not qualify for NBCC credit are clearly identified. Sheppard Pratt is solely responsible for all aspects of the program. This activity is available for 1.0 NBCC clock hours